



clearsmiles[®]
ORTHODONTICS

Whitening instructions & information

Whitening Pen Instructions

1. Wipe front of teeth exposed when smiling with dry gauze or clean cloth.
2. Twist end of pen until gel is exposed on brush. This may take several turns before gel appears in brush.
3. Paint a thin layer of gel on front of teeth exposed when smiling.
4. Expectorate or wipe off any excess foam as you are doing the whitening treatment
5. Leave gel on teeth 15-20 minutes.
6. Do not eat, drink or smoke for 15 minutes.
7. Do not paint gel on the gums.
8. Rinse out mouth with water.

Warning: Keep out of reach of small children. You may see a slight residue of gel on your pen. This is normal and does not affect the performance of the gel. Just wipe with a clean damp cloth and proceed.

Remineralizer Gel Treatment Pen Instructions

After finishing a teeth whitening treatment rinse mouth thoroughly. Wipe teeth with a clean dry cloth. Twist pen until gel is exposed on brush. This may take several twists. Paint a thin layer of gel on all three surfaces of the teeth. Leave remineralizer gel on teeth for 12-15 minutes. Expectorate but it is not necessary to rinse teeth after treatment. Do not eat, drink or smoke for 15 minutes after treatment. For optimal results use before bed.

Desensitizing Pen

The desensitizing gel is used after the bleaching process has been completed. Wipe front of teeth that are exposed when smiling with dry gauze or clean cloth. Twist pen until gel is seen on brush. This may take several twists. Paint a thin layer of gel on front of the teeth that are exposed when smiling. Do not eat, drink or smoke for 15 minutes. Do not paint gel on the gums. Rinse out mouth with water. It is recommended to use just before going to bed for a thorough nighttime desensitizing process. Desensitize once a week during bleaching process and once a week thereafter.